Activities to be implemented

- Conducting research and analysis on best practices in metacognitive activities in order to improve adult education learning possibilities;

- Creating effective and innovative methods and methodologies in order to assess, maintain and improve metacognitive knowledge and skills for adult learners through the creation of learning opportunities and digital education;

- Producing high quality interactive e-Course and toolkit which will provide educational opportunities for low skilled adult learners (especially NEET) and will upskill and reskill adult educators in order to better meet leaners needs by testing the products realized with them.

Read more

metaskills.erasmus.site

Met-AE – Metacognitive Skills for Adult Learners is a two-year-project co-funded by the Erasmus+ Programme of the European Union: Cooperation partnerships in adult education

Date of project
01/01/2022 – 31/12/2023

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Meta-Skills for AE

Objectives

The main objectives of Met-AE project are:

- To create a clear and direct upskilling pathway for vulnerable and low-skilled adult learners, to improve their accessibility to uncommon, yet very important skills;
- To support the increase in the take-up of adult education through increasing the ability of adults with a low level of skills, knowledge and competences to successfully complete adult education courses and qualifications;
- To improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills;
- To provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

Expected impact

- On vulnerable, low-skilled, NEET adult learners: improved self-awareness, heightened critical thinking skills, improved personal development and management skills, increased employability and productivity, personal empowerment and independence.

- On adult education staff and teachers: deeper awareness of key metacognitive competences, understanding of metacognitive regulation, knowledge and practical application of how to manage a learner through planning, monitoring, evaluation and reflection phases.

Focus

The project focuses on the creation of a clear and direct upskilling pathway for vulnerable and low-skilled adult learners, in order to improve their accessibility to uncommon, yet very important skills and ultimately to support the increase in take-up of adult education.

The project aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.

The project

Met-AE aims to improve mentoring and guidance skills in educators as a service to ensure that adult learners have relevant learning capacity throughout life with their metacognitive skills. The project results will provide resources, training and support to provide effective outreach, guidance and motivation strategies to adult learners.